

LIFE MANAGEMENT – GAMBLING QUESTIONNAIRE

The information you provide is strictly confidential and will not be released without your written consent.

1. Do you lose time from work due to gambling?
 No Yes
2. Has gambling ever made your home life unhappy?
 No Yes
3. Have you ever felt remorse after gambling?
 No Yes
4. Do you ever gamble to get money to pay debts or to otherwise solve other financial difficulties?
 No Yes
5. After losing, do you feel you must return as soon as possible and win back your losses?
 No Yes
6. After a win, do you have a strong urge to return and win more?
 No Yes
7. Do you often gamble until your last dollar is gone?
 No Yes
8. Do you ever have to borrow to finance your gambling?
 No Yes
9. Does gambling make you careless of the welfare of your family?
 No Yes
10. Do you ever gamble longer than you had planned?
 No Yes
11. Have you ever gambled to escape worry or trouble?
 No Yes
12. Have you ever committed, or considered committing, an illegal act to finance gambling?
 No Yes
13. Does gambling cause you to have difficulty sleeping?
 No Yes
14. Do arguments, disappointments or frustrations give you an urge to gamble?
 No Yes
15. Do you have an urge to celebrate any good fortune by gambling?
 No Yes
16. Can you conceive of life without gambling?
 No Yes
17. Do you see payment of all your outstanding debts as the solution to your problem?
 No Yes
18. Do you expect to be bored, depressed, irritable, or anxious when you stop gambling?
 No Yes
19. Do you drink or use drugs before, during or after you gamble?
 No Yes
20. Do you promise your spouse or mate to stop gambling?
 No Yes
21. Are you away from home or unavailable to the family for long periods of time when you gamble?
 No Yes
22. Do you promise faithfully that you will stop gambling and beg for another change, yet continue to gamble?
 No Yes
23. Has your personality changed as a result of your continued gambling?
 No Yes
24. Are you addicted to the "action" and stimulation in gambling?
 No Yes

Total Number of "YES" responses _____

PLEASE FAX COMPLETED FORM TO (310) 388-5548.